

Stocks fell last week as investors assessed the implications of a fresh Middle East conflict while digesting mixed reports on the jobs market.

The Standard & Poor's 500 Index fell 2.02 percent, while the Nasdaq Composite Index slid 1.24 percent. The Dow Jones Industrial Average declined 3.05 percent. The MSCI EAFE Index, which tracks developed overseas stock markets, lost 6.62 percent.^{1,2}

Middle East Conflict

Stocks opened lower on the first trading day as investors reacted to news of military action in the Middle East. However, the decline was short-lived as investors "bought the dip." All three major averages recovered or nearly recovered from their intraday lows by Monday's close.³

Stocks opened lower again on Tuesday as the markets mulled over the possibility of a protracted conflict. However, afternoon comments from the White House—promising to provide risk insurance and U.S. Navy escorts to oil tankers and other maritime trade vessels in the Persian Gulf—seemed to calm investor nerves enough for stocks to partially recover before the close.⁴

Stocks opened higher at the opening bell on Wednesday, driven by a tech rebound and stabilized oil prices. News of stronger-than-expected private employer hiring from ADP boosted sentiment. By the closing bell, the S&P 500 and the Nasdaq were in the green for the week to date.⁵

But markets were under pressure the rest of the week on concerns over a widening conflict. Stocks opened lower on Friday after the latest jobs report from the Bureau of Labor Statistics showed the economy unexpectedly lost 92,000 jobs last month. Meanwhile, news that some oil fields in the Middle East had begun to cut production amid dwindling storage capacity added new complexity to the ongoing conflict.^{5,7}



YCHARTS Weekly Market Insights (WMI)

Major Index Return Summary

Name	1M TR	YTD TR	1Y TR	5Y TR
Nasdaq Composite	0.99%	-2.04%	23.40%	82.65%
S&P 500	0.59%	-0.01%	18.40%	91.22%
MSCI EAFE	-1.32%	3.37%	23.45%	61.37%
Dow Jones Industrial Average	-1.72%	0.08%	13.43%	67.57%

S&P 500 Daily Close



10-Year Note Review

Indicator Name	Latest Value	1M Ago	1M Change
Date		3M Ago	3M Change
		1Y Ago	1Y Change
10 Year Treasury Rate	4.15%	4.22%	-1.66% ▼
03/06/26		4.14%	0.24% ▲
		4.29%	-3.26% ▼

Source: YCharts.com, March 7, 2026. Weekly performance is measured from Monday, March 2 to Friday, March 6. TR = total return for the index, which includes any dividends as well as any other cash distributions during the period. Treasury note yield is expressed in basis points.

Focus On Oil

U.S. crude oil prices rose 36 percent—the biggest weekly gain since 1983. The conflict has brought tanker traffic in the Strait of Hormuz, a key shipping route for energy supplies, to a near standstill. Also, an ongoing concern is how insurance companies will adjust rates in the coming weeks due to heightened risks.⁸

This Week: Key Economic Data

Tuesday: NFIB Small Business Optimism Index. Existing Home Sales.

Wednesday: Consumer Price Index (CPI). Federal Budget.

Thursday: Weekly Jobless Claims. Trade Deficit. Housing Starts. Building Permits.

Friday: Gross Domestic Product (Q4—first revision). Personal Consumption & Expenditures Index* (Jan). Durable Goods* (Jan). Job Openings* (Jan). Consumer Sentiment.

*Indicates federal data release delayed by the government shutdown in October and November of last year

Source: Investors Business Daily - Econoday economic calendar: March 6, 2026. The Econoday economic calendar lists upcoming U.S. economic data releases (including key economic indicators), Federal Reserve policy meetings, and speaking engagements of Federal Reserve officials. The content is developed from sources believed to provide accurate information. The forecasts or forward-looking statements are based on assumptions and may not materialize. The forecasts are also subject to revision.

This Week: Companies Reporting Earnings

Tuesday: Oracle Corporation (ORCL)

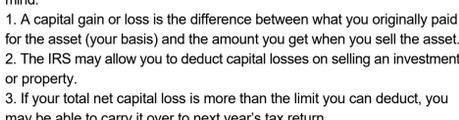
Thursday: Adobe Inc. (ADBE), Wheaton Precious Metals Corp. (WPM)

Source: Zacks, March 6, 2026. Companies mentioned are for informational purposes only. It should not be considered a solicitation for the purchase or sale of the securities. Investing involves risks, and investment decisions should be based on your goals, time horizon, and risk tolerance. The return and principal value of investments will fluctuate as market conditions change. When sold, investments may be worth more or less than their original cost. Companies may reschedule their earnings reports without notice.



"Kindness eases change. Love quiets fear."

- Octavia E. Butler



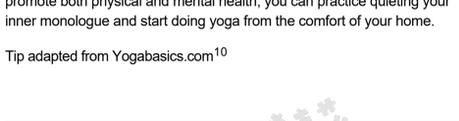
3 Facts About Capital Gains

When you sell a capital asset, like an investment or a piece of property, the sale can result in a capital gain or loss. The Internal Revenue Service (IRS) defines a capital asset as "almost anything you own for personal use or own as an investment." Here are three facts you should keep in mind:

1. A capital gain or loss is the difference between what you originally paid for the asset (your basis) and the amount you get when you sell the asset.
2. The IRS may allow you to deduct capital losses on selling an investment or property.
3. If your total net capital loss is more than the limit you can deduct, you may be able to carry it over to next year's tax return.

This information is not a substitute for individualized tax advice. Please discuss your specific tax issues with a qualified tax professional.

Tip adapted from IRS.gov⁹



Finding Inner Peace Inside (And Indoors)

Practiced for thousands of years, yoga has been revived in the last couple of decades. Yoga can be an optimal exercise choice for many individuals of all ages. But before starting any fitness regimen, discuss any medical concerns with your healthcare provider; this information is not a substitute for medical advice.

While there are many different styles of yoga, it is generally a low-impact form of exercise. But in addition to the fitness benefits, it can help you learn relaxation and breathing techniques, regulate emotions, and quiet your mind. It's also a great form of indoor exercise, and there are thousands of free classes online. So, if you're looking for a way to promote both physical and mental health, you can practice quieting your inner monologue and start doing yoga from the comfort of your home.

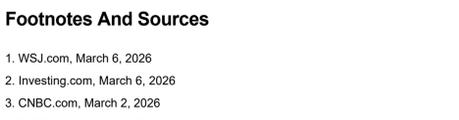
Tip adapted from Yogabasics.com¹⁰



It can be measured despite lacking length, width, or height. What is it?

All about but unseen, can be captured but can't be held, has no throat but can be heard. What is it?

Answer: The wind.



Great Indian Rhinoceros (*Rhinoceros unicornis*) Kaziranga National Park, Assam, India

Footnotes And Sources

1. WSJ.com, March 6, 2026
2. Investing.com, March 6, 2026
3. CNBC.com, March 2, 2026
4. CNBC.com, March 3, 2026
5. CNBC.com, March 4, 2026
6. WSJ.com, March 5, 2026
7. WSJ.com, March 6, 2026
8. CNBC.com, March 6, 2026
9. IRS.gov, July 8, 2025
10. Yogabasics.com, August 27, 2025



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The Dow Jones Industrial Average is an unmanaged index that is generally considered representative of large-capitalization companies on the U.S. stock market. The Nasdaq Composite is an index of the common stocks and similar securities listed on the Nasdaq stock market and considered a broad indicator of the performance of stocks of technology and growth companies. The MSCI EAFE Index was created by Morgan Stanley Capital International (MSCI) and serves as a benchmark of the performance of major international equity markets, as represented by 21 major MSCI indexes from Europe, Australia, and Southeast Asia. The S&P 500 Composite Index is an unmanaged group of securities that are considered to be representative of the stock market in general.

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International investments carry additional risks, which include differences in financial reporting standards, currency exchange rates, political risks unique to a specific country, foreign taxes and regulations, and the potential for illiquid markets. These factors may result in greater share price volatility.

Please consult your financial professional for additional information.

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